

*A Roman Catholic Personal Parish
for the Extraordinary Form
in the Diocese of Pittsburgh.*

MOST PRECIOUS BLOOD of JESUS PARISH

**First Sunday
of Lent**

February 18, A.D. 2024



Mass Schedule

Sundays: 8am, 11am
Monday: 12 Noon
Tuesday: 12 Noon & 7pm
Wednesday through Friday: 12 Noon
1st Friday of Month: 12 Noon & 7pm
Saturday: 9am

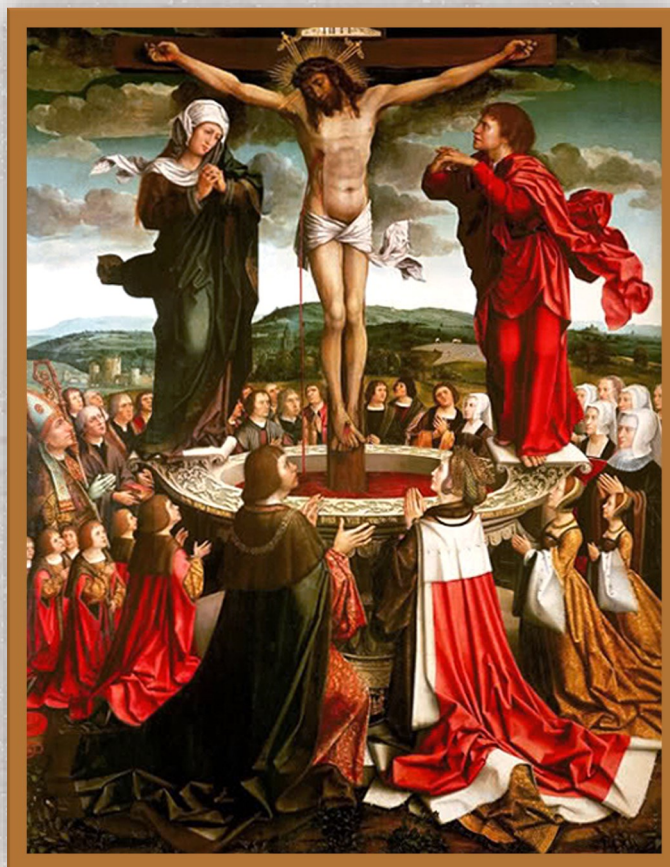
Confession Schedule

Sundays: 7-8am; 10-11am
Monday-Friday: 11:15-11:45am
Tuesdays: also 6:15-6:45pm
Saturday: 8-8:45am

Please consult the weekly bulletin for modifications to the schedule.

Clergy & Staff

Canon William Avis, Pastor
pastor@mpboj.com
Canon Ross Bourgeois, Parochial Vicar
canon.bourgeois@institute-christ-king.org
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Contact Information

Parish Office Hours: Monday - Friday 9am-2pm
3250 California Avenue
Pittsburgh, PA 15212
Phone 412-761-1508
Fax: 412-761-6454
Email: office@mpboj.com
Website: mostpreciousbloodparish.org or mpboj.com

Pennsylvania Childline (report suspected child abuse)
1-800-932-0313
Protection of Children and Youth (diocesan office)
1-888-808-1235



Institute of Christ the King Sovereign Priest

Veritatem Facientes In Caritate—Furthering the Truth in Charity

Liturgical Schedule

Sunday, February 18, 2024

First Sunday of Lent, 1st Class—Violet

8AM LM + Helen & Bill Ondek (Bob Pacacha)
 11AM HM *Pro populo*

Processional: Attende Domine (chant) (pg. 99)
 Recessional: 40 Days and 40 Nights (pg. 60)

Monday, February 19, 2024

Lenten Feria, 3rd Class—Violet

12PM LM + John & Rose Konopelski
 (Louis & June Gorski)

Tuesday, February 20, 2024

Lenten Feria, 3rd Class—Violet

12PM LM + Mary Ann Rizzo (Pam Livolsi)
 7PM LM + Peter Armstrong III (Valerie Hensel)

Wednesday, February 21, 2024

Ember Wednesday, 2nd Class—Violet

12PM LM Spiritual & Temporal Welfare of Andrew Quinn &
 Family (David & Susan Zigarovich)

Thursday, February 22, 2024

Chair of St. Peter, 2nd Class—White

Commemoration of Lenten Feria

12PM LMO Spiritual & Temporal Well-being of Our Children &
 Godchildren (Steve & Adrienne Zink)

8PM Holy Hour of Adoration

9PM Compline

Friday, February 23, 2024 *Abstinence*

Ember Friday, 2nd Class—Violet

12PM LM + Philip A. Jablunovsky
 (Andrew & Marianne Pumford)

6:30PM Stations of the Cross

Votive Mass of the Holy Lance & Nails—Red

7:15PM LM Spiritual & Temporal Welfare of Our Children
 (Lenart Family)

Saturday, February 24, 2024

Ember Saturday, 2nd Class—Violet

9AM LM Health & Well-Being of Bishop Joseph
 Strickland (Eric Frankovitch)

Sunday, February 25, 2024

Second Sunday of Lent, 1st Class—Violet

8AM LM *Pro populo*
 11AM HM + Stanley & Helen Gorski
 (Louis & June Gorski)

Processional: Miserere et Parche (chant)
 Recessional: Soul of my Savior

LM = Low Mass; LMO = Low Mass with Organ; HM = High/Solemn Mass

Our Weekly Offerings

Sunday, February 11, 2024

Offertory \$9,214.00
 Ash Wednesday \$54.00
 Parish Appeal 2024..... \$2,080.00
 Flower Donation..... \$20.00

Sunday Mass Attendance: 8AM 507; 11AM 425; Total 932

On Line Contributions

The parish utilizes Faith Direct for on-line donations, which can be made directly from your bank account or credit card. If interested in making donations in this manner, please visit:
membership.faithdirect.net/PA678 or call 866-507-8757.

Parish Group News

CONFRATERNITY OF CHRISTIAN MOTHERS usually meets every First Saturday of the month, beginning with the 9AM Mass. All adult women are welcome. Please contact christianmothers@mpboj.com for more information.

RESPECT LIFE GROUP (RLG) The Gospel of Life is at the heart of this new group. RLG promotes a culture of life through three working subcommittees of Legislation, Education, Advocacy. Contact Brenda Briola at 724-650-5767 or respectlife@mpboj.com for more information.

SURSUM CORDA-YOUNG ADULTS GROUP is a nationwide initiative to foster the spiritual lives of Catholic adults, AGES 18–35, at Institute apostolates. To sign up for the mailing list and receive notice of future events, text Corda to 84576 and choose "SC Pittsburgh." For more information, contact Jose Piñero at 863.450.5143 or sursumcorda@mpboj.com.

Stations of the Cross

A venerable devotion during Lent is the *Via Crucis* or Way of the Cross. Stations are held at 6:30 p.m. on the **Fridays of Lent** and followed by Holy Mass. On Good Friday, March 29th, Stations will be at a time to be announced in the Holy Week Schedule. The faithful may gain a plenary indulgence under the usual conditions by praying the *Via Crucis*. This may be done privately or during public devotions.



Upcoming Events

Thursday, March 7th—Feast of St. Thomas Aquinas*: 12pm Low Mass with Organ

Saturday, March 16th—Lenten Day of Recollection (more details to come)

Tuesday, March 19th—Feast of St. Joseph: 12pm Low Mass; 7pm High Mass

Thursday, March 21st—Feast of St. Benedict*: 12pm Low Mass with Organ

Sunday, March 24th—Palm Sunday: 8am Low Mass; 10am Blessing of Palms, Procession & Solemn Mass

Wednesday, March 27th—Spy Wednesday: 7pm Tenebrae

Thursday, March 28th—Holy Thursday: 6pm Confessions; 7pm Solemn Mass followed by Procession and Adoration until midnight

Friday, March 29th—Good Friday: 10am Confessions; 11am Stations of the Cross; 12pm Mass of the Presanctified

Saturday, March 30th—Holy Saturday: TBA Easter Vigil

Sunday, March 31st—Easter Sunday: 8am Low Mass; 11am Solemn Mass followed by the Blessing of Lambs

* On feastsdays of the patron saints of the Institute, the faithful may gain a plenary indulgence under the usual conditions by assisting at Holy Mass at the parish.

Betsy Ann Easter Candy Fundraiser

The parish is once again sponsoring a Betsy Ann Easter Candy Fundraiser to benefit parish programs. Please consider ordering some of the best chocolates in the world, while supporting the parish. The fundraiser runs from February 25 – March 8, 2024, and is entirely on-line, so you can order any of the delectable candy from the website. Order pick-up will take place after Masses in Room 102 of the Parish Hall on Saturday, March 9th and Sunday, March 10th. Detailed instructions are available on the insert found in today's bulletin and on the parish website. Thank you to parishioners Jim & Karen Paras, owners of Betsy Ann Chocolates, for making this fundraiser possible. Thanks also to Peggy Wrabley for coordinating this fundraiser each year. Please do your part and enjoy the best candy ever!

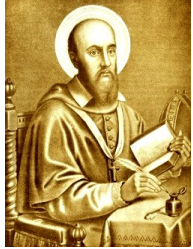


Introduction to the Devout Life

By St. Francis de Sales

Interior Humility (Book 3, Chapter 5 – Part 1)

To you however, my child, I would teach a deeper humility, for that of which I have been speaking is almost more truly to be called worldly wisdom than humility. There are some persons who dare



not or will not think about the graces with which God has endowed them, fearing lest they should become self-complacent and vainglorious; but they are quite wrong. For if, as the Angelic Doctor says, the real way of attaining to the Love of God is by a careful consideration of all His benefits given to us, then the better we realize these the more we shall love Him; and inasmuch as individual gifts are more acceptable than general gifts, so they ought to

be more specially dwelt upon. Of a truth, nothing so tends to humble us before the Mercy of God as the multitude of His gifts to us; just as nothing so tends to humble us before His Justice as the multitude of our misdeeds. Let us consider what He has done for us, and what we have done contrary to His Will, and as we review our sins in detail, so let us review His Grace in the same. There is no fear that a perception of what He has given you will puff you up, so long as you keep steadily in mind that whatever is good in you is not of yourself. Do mules cease to be clumsy, stinking beasts because they are used to carry the dainty treasures and perfumes of a prince? "What hast thou that thou didst not receive? Now, if thou didst receive it, why dost thou glory as if thou hadst not received it?" On the contrary, a lively appreciation of the grace given to you should make you humble, for appreciation begets gratitude. But if, when realizing the gifts God has given you, any vanity should beset you, the infallible remedy is to turn to the thought of all our ingratitude, imperfection, and weakness. Any one who will calmly consider what he has done without God, cannot fail to realize that what he does with God is no merit of his own; and so we may rejoice in that which is good in us, and take pleasure in the fact, but we shall give all the glory to God Alone, Who Alone is its Author.

It was in this spirit that the Blessed Virgin confessed that God had done "great things" to her; only that she might humble herself and exalt Him. "My soul doth magnify the Lord," she said, by reason of the gifts He had given her.

We are very apt to speak of ourselves as nought, as weakness itself, as the offscouring of the earth; but we should be very much vexed to be taken at our word and generally considered what we call ourselves. On the contrary, we often make-believe to run away and hide ourselves, merely to be followed and sought out; we pretend to take the lowest place, with the full intention of being honorably called to come up higher. But true humility does not affect to be humble, and is not given to make a display in lowly words. It seeks not only to conceal other virtues, but above all it seeks and desires to conceal itself; and if it were lawful to tell lies, or feign or give scandal, humility would perhaps sometimes affect a cloak of pride in order to hide itself utterly. Take my advice, my child, and either use no professions of humility, or else use them with a real mind corresponding to your outward expressions; never cast down your eyes without humbling your heart; and do not pretend to wish to be last and least, unless you really and sincerely mean it. I would make this so general a rule as to have no exception; only courtesy sometimes requires us to put forward those who obviously would not put themselves forward, but this is not deceitful or mock humility; and so with respect to certain expressions of regard which do not seem strictly true, but which are not dishonest, because the speaker really intends to give honor and respect to him to whom

they are addressed; and even though the actual words may be somewhat excessive, there is no harm in them if they are the ordinary forms of society, though truly I wish that all our expressions were as nearly as possible regulated by real heart feeling in all truthfulness and simplicity. A really humble man would rather that some one else called him worthless and good-for-nothing, than say so of himself; at all events, if such things are said, he does not contradict them, but acquiesces contentedly, for it is his own opinion. We meet people who tell us that they leave mental prayer to those who are more perfect, not feeling themselves worthy of it; that they dare not communicate frequently, because they do not feel fit to do so; that they fear to bring discredit on religion if they profess it, through their weakness and frailty; while others decline to use their talents in the service of God and their neighbor, because, forsooth, they know their weakness, and are afraid of becoming proud if they do any good thing—lest while helping others they might destroy themselves. But all this is unreal, and not merely a spurious but a vicious humility, which tacitly and secretly condemns God's gifts, and makes a pretext of lowliness while really exalting self-love, self-sufficiency, indolence, and evil tempers. "Ask thee a sign of the Lord thy God; ask it either in the depth or in the height above." So spake the prophet to King Ahaz; but he answered, "I will not ask, neither will I tempt the Lord." Unhappy man! he affects to show exceeding reverence to God, and under a pretense of humility refuses to seek the grace offered by the Divine Goodness. Could he not see that when God wills to grant us a favor, it is mere pride to reject it, that God's gifts must needs be accepted, and that true humility lies in obedience and the most literal compliance with His Will! Well then, God's Will is that we should be perfect, uniting ourselves to Him, and imitating Him to the utmost of our powers. The proud man who trusts in himself may well undertake nothing, but the humble man is all the braver that he knows his own helplessness, and his courage waxes in proportion to his low opinion of himself, because all his trust is in God, Who delights to show forth His Power in our weakness, His Mercy in our misery. The safest course is humbly and piously to venture upon whatever may be considered profitable for us by those who undertake our spiritual guidance. *(To be continued)*

Institute's U.S. Provincial Appeal

Do you *value* what the Institute of Christ the King is doing in the Church today? This Lent, consider making a sacrifice of **\$80, just two dollars a day during these 40 days** to help the Institute continue its work for the salvation of souls. **Today there is a second collection** for this appeal to help the Institute grow in the USA. This Lent, you can make a difference in the Church today by donating to the people and the places that work to restore Catholic life and culture in America. (Please note that checks should be made payable to *The Institute of Christ the King*, rather than to the parish.) *Use the QR code to donate online!*



February 14-March 24
40 DAYS FOR LIFE®

From Feb. 14th – March 24th, you're invited to join other Christians for 40 Days for Life – 40 days of prayer and fasting for an end to abortion.

Most Precious Blood of Jesus Parish has "adopted" **Sunday, March 10th from 9:00 am to 5:00 pm** to provide the prayer coverage at Planned Parenthood! Sign-up sheets in Narthex.

To All Our Guests...

The Canons and Faithful of Most Precious Blood of Jesus Parish welcome you and hope that your time in “The ‘Burgh” may be an opportunity to share in the tradition of the Roman Catholic Faith. Please enjoy the beauty of this Personal Parish, established by Bishop David Zubik on July 1, 2019 on the *Feast of The Most Precious Blood of Jesus*.

According to liturgical tradition and the Traditional Latin Mass of the Roman Rite, Holy Communion is received kneeling and on the tongue. All visitors who are not of the Catholic Faith are welcome to join us in prayer but are requested not to receive Holy Communion. Because reception of Holy Communion is the sign of Divine and Ecclesial unity, only practicing Catholics who are free of mortal sin, and have observed the Eucharistic Fast, should present themselves for Holy Communion. For those who need a low gluten Host, let an usher know as you approach the Communion rail toward the end of Communion.

To receive more information about the parish or if you desire to become a member of the Catholic Church, contact the Priory at 412-761-1508. The pastoral care of Most Precious Blood of Jesus Parish is provided by THE INSTITUTE OF CHRIST THE KING SOVEREIGN PRIEST.

Any and all contributions to the parish are warmly appreciated and tax deductible.

PARISHIONER MATERIALS/REQUESTS—At the Church entrances, there are racks containing church forms, reading materials, and prayer cards. Please feel free to take what you need, but do not leave your own materials without permission from Canon Avis. Parish events are also publicized on the bulletin boards in the side entrance and in the narthex. If you are involved in an event that you would like to publicize or schedule, please provide a copy of the notice or request to businessmanager@mpboj.com for approval.

Sacramental Information

Infant Baptism:

Baptism should be administered within two weeks of birth. Please call the office prior to the baby’s birth to make arrangements.

Holy Matrimony:

Couples planning to marry at the parish must call the office to schedule proper instruction at least six months in advance.

Catholic Faith Formation and Spiritual needs:

For those seeking *Catechism*, preparing for *1st Holy Communion*, *Confirmation*, needs of the sick or funeral information, please call the parish office.

Anointing of the Sick:

If you need the assistance of a priest for the dying, please contact the office at 412-761-1508. If after hours, please call and listen to the prompts and select option #1.

Certificates:

Certificates for Sacraments administered prior to July 1, 2019 are maintained by the Diocese of Pittsburgh Archives. You may reach the Diocese Archive office at 412-456-3158, or archives@diopitt.org.

BULLETIN ANNOUNCEMENTS—Requests for proposed bulletin announcements must be submitted **ten days in advance** of publication via email to bulletin@mpboj.com

MASS INTENTIONS—*The Parish Mass Intention Registry* is currently CLOSED. Mass intentions are accepted during specific periods throughout the calendar year, with each period announced in the bulletin, in advance of the request period. Instructions and forms are made available at that time.

PARISH NEWS—The parish uses **Flocknote** to circulate news and information. If you’d like to sign up, please text MPBOJ to 84576 from your cell phone and follow the instructions, or check the parish website (MPBOJ.com) for more information.



MOST PRECIOUS
BLOOD of JESUS PARISH

General Safety & Indemnity

In an effort to make Most Precious Blood of Jesus Parish a welcoming, safe place for all parishioners and visitors alike, the parish follows a general Safety and Indemnity Policy. When visiting the parish, whether for Mass or any social events in or on parish property, parents accept full responsibility for their children’s safety, by maintaining prudent watch and supervision of their children at all times. When children are registered and involved in parish related activities where a parish program manager oversees the children (e.g., Children’s Choir; Catechism; altar server practice), at least one parent/guardian must remain on campus for the duration of the program and until the parent has regained custody at the conclusion of the parish activity/program.

*Production of this bulletin is partially underwritten by parishioners of Most Precious Blood of Jesus Parish, all rights reserved.
For more underwriting opportunities, contact The Priory Office at 412-761-1508 or email BusinessManager@MPBOJ.com.*