

Institute of Christ the King Sovereign Priest
Saint Anthony of Padua Oratory
Latin Mass Apostolate in the Archdiocese of Newark



Address:

1360 Pleasant Valley Way
West Orange, NJ 07052

Kindly write all checks out to:
Institute of Christ the King



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Website:

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Text "Institute" to 84576
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Sexagesima

February 4, 2024

MONTH OF THE HOLY FAMILY

Holy Mass Schedule:

Sunday: 7:30, 9:00 & 11:00 AM (High Mass)

Weekdays: Monday - Saturday 9:00 AM

First Friday: Additional Mass at 7:00 PM

Holy Days of Obligation: 9:00 AM & 7:00 PM
(Please confirm with current bulletin or website.)

Confession:

30 minutes before each Mass and upon request.

Baptism: Please contact the Oratory in advance.

Marriage: Please contact the Rectory at least 6 months
in advance of the proposed marriage date.

Benediction of the Most Blessed Sacrament:

Second Sunday after 9:00 AM Mass

Perpetual Novena:

Monthly from the 17th to 25th: Infant of Prague

Please reference the weekly bulletins (also available on the website) for any temporary changes to the Mass schedule.

Very Rev. Msgr. R. Michael Schmitz, STD, JCL, Vicar General & Delegate for the U.S.

Rev. Canon Matthew Talarico, Provincial Superior

Rev. Canon Adrian Sequeira, Rector

Rev. Father Richard Munkelt, Priest in Residence

LITURGICAL CALENDAR

Sunday, February 4, Sexagesima Sunday

7:30 AM Low Mass

Julian Cabana, *requested by Diana Cabana*

9:00 AM Low Mass

† **Mary Valentino**, *requested by Sharon Bernzweig*

11:00 AM Marian Procession & High Mass

Pro Populo

Monday, February 5, Saint Agatha, *Virgin & Martyr*

9:00 AM Low Mass

† **Aniela Mazur**, *requested by Barbara Mazur*

Tuesday, February 6, Saint Titus, *Bishop & Confessor*

9:00 AM Low Mass

† **Paul Kromer**

Wednesday, February 7, Saint Romuald, *Abbot*

9:00 AM Low Mass

John Pulmano, *requested by Pulmano family*

Thursday, February 8, Saint John of Matha, *Confessor*

9:00 AM Low Mass

Ignatius & Lauren Isekenegebe, *requested by Isekenegebe family*

Friday, February 9, Saint Cyril of Alexandria, *Bishop, Confessor & Doctor*

9:00 AM Low Mass

Brendan Flaherty, *requested by Rogers family*

Saturday, February 10, Saint Scholastica, *Virgin*

9:00 AM Low Mass & Throat blessing

† **John Ritenour**, *requested by Barbara Mazur*

Sunday, February 11, Quinquagesima Sunday

7:30 AM Low Mass

Mary Cronick, *requested by Glenn Cronick*

9:00 AM Low Mass & Benediction

† **Mr. & Mrs. Filo**, *requested by Gilmour family*

11:00 AM High Mass

Pro Populo

SOMETHING NEW THIS

LENT

This year during Lent, let us consider deepening our relationship with Our Lord with the following two additions to our schedule:

At 7PM every Thursday of Lent starting on February 15 we will have a Holy Hour.

At 7PM every Friday of Lent starting on February 16 we will have the Stations of the Cross.

All Altar Servers who are available are encouraged to come and serve.

IMPORTANT NOTE

Please make all checks out to:

Institute of Christ the King.

Thank you for your understanding and attention to this matter.

SAINT FRANCIS DE SALES ON BODILY MORTIFICATION

It has been said that if one writes a word on an almond, and then replace it carefully in its husk, and sow it, all the fruit borne by that tree will be marked by the word so inscribed. For my own part, I never could approve of beginning to reform any one by merely external things,—dress, the arrangement of hair, and outward show. On the contrary, it seems to me that one should begin from within. “Turn ye to Me with all your heart;” “My son, give Me thine heart;” for as the heart is the fount whence all our actions spring, they will be according to what it is. And the Heavenly Bridegroom, calling the soul, says, “Set Me as a seal upon thine heart, as a seal upon thine arm.” Yes verily, for whosoever has Jesus Christ in his heart will soon show it in all his external actions. Therefore, my child, above all things I would write that precious and Holy Name JESUS in your heart, certain that having done so, your life—like the almond tree in the fable—will bear the stamp of that Saving Name in every act; and if the Dear Lord dwells within your heart, He will live in your every action, and will be traced in every member and part of you, so that you will be able to say with Saint Paul, “I live, yet not I, but Christ liveth in me.” In a word, whosoever gains the heart has won the whole man. But this heart needs to be trained in its external conduct, so that it may display not merely a true devotion, but also wisdom and discretion. To this end I would make one or two suggestions.

If you are able to fast, you will do well to observe some days beyond what are ordered by the Church, for besides the ordinary effect of fasting in raising the mind, subduing the flesh, confirming goodness, and obtaining a heavenly reward, it is also a great matter to be able to control greediness, and to keep the sensual appetites and the whole body subject to the law of the Spirit; and although we may be able to do but little, the enemy nevertheless stands more in awe of those whom he knows can fast. The early Christians selected Wednesday, Friday and Saturday as days of abstinence. Do you follow therein according as your own devotion and your director's discretion may appoint. Fasting and labor both exhaust and subdue the body. If your work is necessary or profitable to God's Glory, I would rather see you bear the exhaustion of work than of fasting.

taken from The Introduction to the Devout Life, Part III, Chapter 23

PRAY FOR OUR SICK

David Drury, Rose Doane, Kim Herbert, Michael Gyiraszi, Rudy Gierok, Katie Williams, Jessica Kenny, Francine Cable, Linda Ewerka, Yooji Kim, Priscilla Torres, Loretta White, Arthur

PRAY FOR OUR DECEASED

Albert Wickens, Christopher Slattery, Dante Biong, Ann Kilminster, Teresa Archer, Donald Moglia, John Fagan Jr., Edmund Balaban, Salvador Salazar, Elizabeth O'Connor, Barbara

ANNOUNCEMENTS & INFORMATION

CALENDAR OF EVENTS

Ash Wed Feb 14 Ashes will be blessed and distributed at both Masses (9 AM Low Mass, and 7 PM High Mass).

NEW Thur Feb 15 7 PM Holy Hour (Lenten Schedule).

NEW Fri Feb 16 7 PM Stations of the Cross (Lenten Schedule).

Sun Feb 18 First Sunday of Lent. Institute Provincial Appeal. Special second collection after all Masses.

2024 CHURCH LATIN COURSES

The Latin School at St. Anthony of Padua Oratory in West Orange will be offering the following adult intensives in 2024:

Section A - Beginner starts evenings 7/22

Section B - Beginner starts mornings 8/13

Section C - Intermediate starts evenings 9/23.

In addition, there is a six Saturday

Latin Intensive session on

Sat Sept 7,14, 21, 28, Oct 5, 12.

Start time: 10:30 AM. Dismissal: 1 PM.

For more info, please contact

Lorraine at Lorr.Marie@gmail.com
re: Latin

AUDIO SYSTEM IMPROVEMENTS

Please note that an addition has been made to the audio system.

At present it should be possible to follow the liturgy at the altar, the sermon from the pulpit and the chant from the choir loft in the vestibule of the church in addition to all other usual places. Please do not hesitate to let the office know of any issues.

This has been set up specifically to help parents who have to take their children to the vestibule when they manifest or experience any trouble.

USE OF THE SOCIAL HALL

All of you are aware that the Fr. Wicken's Hall in the basement of the Church is a shared space for all parishioners and visitors. It is wonderful to see so many of you using this space every week to catch up with friends and enjoy the Sunday as a parish family. However, it has become important to establish some ground rules for the use of this space. Too often the same people are cleaning up, funds are not available for supplies (paper plates, plastic utensils, etc.), and even with enough food on the buffet, some do not have enough. With this in mind let us all endeavor to keep to the following cardinal rule:

CONTRIBUTE IN ONE WAY (at least)

1. Bring enough food for your family if you wish to take from the buffet.
2. Clean up the dishes you or your family members use.
3. Donate some amount for supplies.

By sharing the workload, everyone will be able to enjoy a relaxing Sunday afternoon at St. Anthony's.

Many hands make light work.

LOST & FOUND

For those who are not aware of the lost and found area at St. Anthony's, lost items are placed in the large basket located on the first landing of the choir loft stairwell. If any item is of significant value, however, it will be placed in the priest's sacristy.

PALMS FROM LAST YEAR

Don't forget to bring in your palms from previous Ash Wednesdays and place them in the basket in the vestibule. These palms will be burnt and the ashes used for Ash Wednesday this year.

FORTY DAYS FOR LIFE CAMPAIGN

Please join in prayer and fasting with this upcoming 40 days for life campaign in Montclair, NJ, which runs from Feb 14 through March 24. A sacrificial hour of prayer per week could save a life!

To sign up go to:

<https://www.40daysforlife.com/en/montclair>

INSTITUTE PROVINCIAL APPEAL

Many Apostolates, One Mission

On Sunday, February 18, there will be a Special Second Collection taken up for the work of the Institute in the American Province.

Help the Institute continue to restore Catholic life and culture in the USA!

Donate online with the QR code here.



2024 MASS INTENTIONS

The books for Mass intentions for 2024 are open. In order to be fair to everyone, a limit of 5 requests per family is established. To request a Mass, please use the white/red envelopes found in the church.

Please do not hesitate to request private Masses for your intentions. Even though a date cannot be set in advance, a Mass will be said.

Further instructions on the back page of this bulletin.

VOTIVE CANDLES

WEEK OF FEBRUARY 4

PIETA	0
OUR LADY	0
ST. JOSEPH	0
ST. THÉRÈSE	0

■ Indicates number of intentions in the queue.

SEXAGESIMA SUNDAY

Introit. Ps. 43, 23-26. Arise, why sleepest Thou, O Lord? Arise, and cast us not off to the end: why turnest Thou Thy face away, and forgettest our trouble? Our belly hath cleaved to the earth: arise, O Lord, help us and deliver us. Ps. 43, 2. O God, we have heard with our ears; our fathers have declared to us.

Collect. O God, Who seest that we put not our trust in any deed of our own, mercifully grant that by the protection of the Teacher of the gentiles we may be defended against all adversities, Through our Lord.

Epistle. 2 Cor. 11, 19-23; 12, 1-9. Brethren, you gladly suffer the foolish; whereas yourselves are wise. For you suffer if a man bring you into bondage, if a man devour you, if a man take from you, if a man be lifted up, if a man strike you in the face. I speak according to dishonor, as if we had been weak in this part. Wherein if any man dare (I speak foolishly), I dare also. They are Hebrews; so am I. They are Israelites; so am I. They are the seed of Abraham; so am I. They are the ministers of Christ (I speak as one less wise); I am more: in many more labors, in prisons more frequently, in stripes above measure, in deaths often. Of the Jews five times did I receive forty stripes save one. Thrice was I beaten with rods; once I was stoned; thrice I suffered shipwreck; a night and a day I was in the depth of the sea. In journeying often, in perils of waters, in perils of robbers, in perils from my own nation, in perils from the gentiles, in perils in the city, in perils in the wilderness, in perils in the sea, in perils from false brethren. In labor and painfulness, in much watchings, in hunger and thirst, in fastings often, in cold and nakedness; besides those things which are without, my daily instance, the solicitude for all the churches. Who is weak, and I am not weak? Who is scandalized, and I am not on fire? If I must need glory, I will glory of the things that concern my infirmity. The God and Father of Our Lord Jesus Christ, Who is blessed forever, knoweth that I lie not. At Damascus the governor of the nation under Aretas the king, guarded the city of the Damascenes to apprehend me; and through a window in a basket was I let down by the wall, and so escaped his hands. If I must glory (it is not expedient indeed): but I will come to the visions and revelations of the Lord. I know a man in Christ above fourteen years ago (whether in the body, I know not, or out of the body, I know not; God knoweth): such a one rapt even to the third heaven. And I know such a man (whether in the body, or out of the body, I cannot tell; God knoweth); that he was caught up into paradise; and heard secret words, which it is not granted to man to utter. For such a one I will glory; but for myself I will glory nothing, but in my infirmities. For though I should have a mind to glory, I shall not be foolish; for I will say the truth. But I forbear, lest any man should think of me above that which he seeth in me, or any thing he heareth from me. And lest the greatness of the revelations should exalt me, there was given me a sting of my flesh, an angel of Satan, to buffet me. For which thing thrice I besought the Lord, that it might depart from me. And He said to me, My grace is sufficient for thee; for power is

made perfect in infirmity. Gladly therefore will I glory in my infirmities, that the power of Christ may dwell in me.

Gradual. Ps. 82, 19, 14. Let the gentiles know that God is Thy name: Thou alone art the Most High over all the earth. *V.* O my God, make them like a wheel, and as stubble before the face of the wind.

Tract. Ps. 59, 4, 6. Thou hast moved the earth, O Lord, and hast troubled it. *V.* Heal Thou the breaches thereof, for it hath been moved. *V.* That Thy elect may flee from before the bow: that they may be delivered.

Gospel. Luke 8, 4-15. At that time, when a very great multitude was gathered together and hastened out of the cities unto Him, He spoke by a similitude; The sower went out to sow his seed. And as he sowed, some fell by the wayside; and it was trodden down, and the fowls of the air devoured it. And other some fell upon a rock; and as soon as it was sprung up, it withered away, because it had no moisture. And other some fell among thorns; and the thorns growing up with it, choked it. And other some fell upon good ground; and being sprung up, yielded fruit a hundred fold. Saying these things, He cried out, He that hath ears to hear, let him hear. And His disciples asked Him what this parable might be. To whom He said, To you it is given to know the mystery of the kingdom of God, but to the rest in parables; that seeing they may not see, and hearing may not understand. Now the parable is this: The seed is the word of God. And they by the wayside are they that hear; then the devil cometh, and taketh the word out of their heart, lest believing they should be saved. Now they upon the rock are they who when they hear, receive the word with joy; and these have no roots, for they believe for a while, and in time of temptation they fall away. And that which fell among thorns are they who have heard, and going their way, are choked with the cares and riches and pleasures of this life, and yield no fruit. But that on the good ground are they who in a good and very good heart, hearing the word, keep it, and bring forth fruit in patience.

Offertory. Ps. 16, 5, 6, 7. Perfect Thou my goings in Thy paths, that my footsteps be not moved: incline Thine ear, and hear my words: show forth Thy wonderful mercies, Thou Who savest them that trust in Thee, O Lord.

Seret. May the sacrifice we offer Thee, O Lord, ever vivify and defend us. Through our Lord.

Communion. Ps. 42, 4. I will go in to the altar of God: to God Who giveth joy to my youth.

Postcommunion. Grant, we humbly beseech Thee, almighty God, that those whom Thou refreshest with Thy sacraments may serve Thee worthily by a life well pleasing to Thee. Through our Lord.