

# INSTITUTE OF CHRIST THE KING SOVEREIGN PRIEST



At Holy Family Catholic Church: 338 W. University Blvd., Tucson

Sunday Masses *in English*: 4pm (Vigil) & 7am; *in Latin*: 8:30am & 10:30am  
Weekday Masses *in Latin*: Mon, Thurs & 1st Fri 6:30pm; Tues, Wed, Fri & Sat 8am  
Confessions: 30 minutes before all Latin Masses and Saturday Vigil Mass,  
Thursdays 5:30-6:25pm, 1st Saturday 7:10-7:40am.



Sunday, February 4th A.D. 2018

## Institute of Christ the King

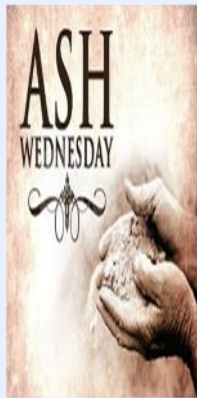
**Rev. Canon William Avis,**

*Administrator of Holy Family Parish and  
Rector of St. Gianna Oratory*

Visit our U.S. Website:

[www.institute-christ-king.org](http://www.institute-christ-king.org)

International website: [www.icrsp.org](http://www.icrsp.org)



February 14th

Masses with the blessing &

Distribution of Ashes

8:00am Latin, Low Mass;

5:30pm English Mass

& 7:00pm Latin, High Mass

*\*\*Remember Ash Wednesday is a day of fasting and abstinence from meat \*\**



Blessing of throats  
in honor of  
St. Blaise  
at all the Masses  
Today!



*“How marvelous it would be if, at the end of the day, each of us could say: today I have performed an act of charity towards others” – Pope Francis*

Each year, at this time, we are encouraged to consider the needs of our Church and of the Diocese as one family in Christ.

Through the Annual Catholic Appeal, we are asked to make a commitment to support the work of our diocesan programs and ministries, that provide services which no one parish could provide on its own. It is our call to reach beyond the boundaries of our parish, and the confines of our own personal sphere, to help build up our faith community and uplift our brethren.

Just as we are one in the Body of Christ, we must remember that we are one with other parishes.

*“Let each of you look not to your own interests, but to the interests of others” – Philippians 2:4*

**Thank you for your prayers, support and participation!**

**Text ACA to 41444**

**~ OR ~**

**visit [www.cathfnd.org/donate](http://www.cathfnd.org/donate)**

## Monthly Adult Catechism Class

Date: Friday, February 16<sup>th</sup>

Time: 6:30 p.m.—7:30 p.m.

Venue: Holy Family Church Basement

Open to: Those aged 18 and up who are interested in learning more about their faith.

Teacher: Canon William Avis

Topic: The Church founded by Christ



## THE LITURGICAL CALENDAR FOR HOLY FAMILY PARISH ( ORDINARY FORM OF THE ROMAN RITE )



<b>Sat. 02/03</b>	<b>5th Sunday of Ordinary Time</b>	<b>4:00 p.m. Vigil Mass</b>	For the repose of the soul of Jerry McBreen	<u>Celebrant:</u> Rev. Anthony Ruiz
<b>Sun. 02/04</b>		<b>7:00 a.m. Sunday Mass</b>	Parishioners of Holy Family Parish	<u>Celebrant:</u> Rev. Abram Dono
<b>Sat. 02/10</b>	<b>6th Sunday of Ordinary Time</b>	<b>4:00 p.m. Vigil Mass</b>	For the repose of the soul of Jaime Gonzalez, Sr.	<u>Celebrant:</u> Rev. Anthony Ruiz
<b>Sun. 02/11</b>		<b>7:00 a.m. Sunday Mass</b>	Parishioners of Holy Family Parish	<u>Celebrant:</u> Rev. Abram Dono
<b>Weekly Collection: January 27/28: \$ 1,159.78</b>				<b>Many Thanks!</b>



## *The Liturgical Calendar for St. Gianna Oratory (Extraordinary Form of the Roman Rite)*

<b>Sun. 02/04</b>	<b>Sunday in Sexagesima</b> II Class, Violet	<b>8:30 a.m. Low Mass</b> <b>10:30 a.m. High Mass</b>	Bishop Edward J. Weisenburger by SGO Raul Salazar by Rosa Ruiz
<b>Mon. 02/05</b>	<b>St. Agatha, Virgin &amp; Martyr</b> III Class, Red	<b>6:30 p.m. Low Mass</b>	Special Intention by Elke Pelaez
<b>Tue. 02/06</b>	<b>St. Titus, Bishop &amp; Confessor</b> III Class, White, <i>Comm. of St. Dorothy</i>	<b>8:00 a.m. Low Mass</b>	Bill & Mary Lou Higgins by the Gaugers
<b>Wed. 02/07</b>	<b>St. Romuald, Abbot</b> III Class, White	<b>8:00 a.m. Low Mass</b>	Repose of the soul of Kathy Smith by the Gaugers
<b>Thur. 02/08</b>	<b>St. John of Matha, Confessor</b> III Class, White	<b>6:30 p.m. Low Mass</b> <i>Followed by Benediction</i>	Repose of the soul of Elva Treyas by the Stropkos
<b>Fri. 02/09</b>	<b>St. Cyril of Alexandria, Bishop &amp; Doctor of the Church</b> III Class, White	<b>8:00 a.m. Low Mass</b>	Repose of the soul of Juanita LeGrant-Gray by Pat & Lisa Daniels
<b>Sat. 02/10</b>	<b>St. Scholastica, Virgin</b> III Class, White	<b>8:00 a.m. Low Mass</b>	Linda Walker (birthday) by Debbie Brunner
<b>Sun. 02/11</b>	<b>Sunday in Quinquagesima</b> II Class, Violet	<b>8:30 a.m. Low Mass</b> <b>10:30 a.m. High Mass</b>	Repose of the soul of Charles Rust by the Nieser Family Margaret Bradbury (birthday) by SGO



### Please Remember in Your prayers

Deceased: Andrea Alberts, Paul Barker.

Sick: T.M.; Christopher Thomas;

Susan Hansen; Barbara Mayerle; Alfonso Ruiz; Bill Halstead; Baby Mackenzie; Frankie Anzaldua; Helen Verdugo; Dan Hassen; Thaddeus Stypa; Colleen Gallegos; Fr. Paddy Tuffy; Diana Mondick; Joseph Hann; Linda Robinson; Vincent Lopez; Marcella Abitz; Mona Montez; Isaac Lopez, Margaret Bradbury; Catherine Corley; Chris Carlson.



### *St. Francis de Sales thoughts for meditation:*

Let us embrace the good Jesus, living in daily attachment to Him and ready to die serenely in His presence. Place Him in your heart, like Solomon on his ivory throne. Make frequent visits there as the queen of Sheba did. Listen to His sacred words that He continually utters for our inspiration. Take care that your heart is always made of pure and firm ivory. Be constant in your resolutions and pure in your affections. (Letters 2010; O. XXI, p. 658)

**Holy Family Parish  
(Ordinary Form of the Roman Rite)**

338. W. Univ. Blvd, Tucson, AZ 85705

Tel: (520) 623-6773

holyfamilyparishtucson@gmail.com

www.holyfamilychurchtucson.org

**Office hours:** Monday-Wednesday 11am-3pm;  
Friday 9am-1pm

**PARISH STAFF**

**Sylvia Cordova**, Office Mgr & SEP Compliance  
Officer, sylvia@hfc.phxcoxmail.com

**For sacramental certificates:** 7 business  
days notice required.

**For the Sacrament of the Sick:** please con-  
tact Canon Avis.

**SAN MARTIN DE PORRES MEAL PROGRAM**

to serve the needy and poor in Tucson. Free sack  
lunches on Sun.-Wed @ 3:00 p.m. Volunteers wel-  
come!

**St. Gianna Oratory**

**(Extraordinary Form of the Roman Rite)**

338 W. Univ. Blvd, Tucson, AZ 85705

**Mail:** Priory of Our Lady of Guadalupe  
P.O. Box 87350, Tucson, AZ 85754

Tel: (520) 883-4360 Fax: (520) 578-6076  
stgianna.tucson@institute-christ-king.org  
www.saintgianna.net

**ORATORY STAFF**

Teri Gauger, *Oratory Secretary* (520) 883-4360  
Christine Sarti, *Choir Director* (520) 870-0965

**How to Strengthen the Heart Against  
Temptation**

*By Saint Francis de Sales*

Examine from time to time what are the domi-  
nant passions of your soul, and having ascer-  
tained this, mould your life, so that in thought,  
word and deed you may as far as possible coun-  
teract them. For instance, if you know that you  
are disposed to be vain, reflect often upon the  
emptiness of this earthly life, call to mind how  
burdensome all mere earthly vanities will be to  
the conscience at the hour of death, how unwor-  
thy of a generous heart, how puerile and childish,  
and the like. See that your words have no ten-  
dency to foster your vanity, and even though you  
may seem to be doing so but reluctantly, strive to  
despise it heartily, and to rank yourself in every  
way among its enemies. Indeed, by dint of steady  
opposition to anything, we teach ourselves to

**LENTEN DEVOTIONS**

*Stations of the Cross*

Each Friday from February 16<sup>th</sup>-March 30<sup>th</sup>  
at 8:45am.

Followed by blessing and veneration of the  
Relic of the True Cross (except on Good  
Friday)



*Adoration of the Blessed Sacrament*

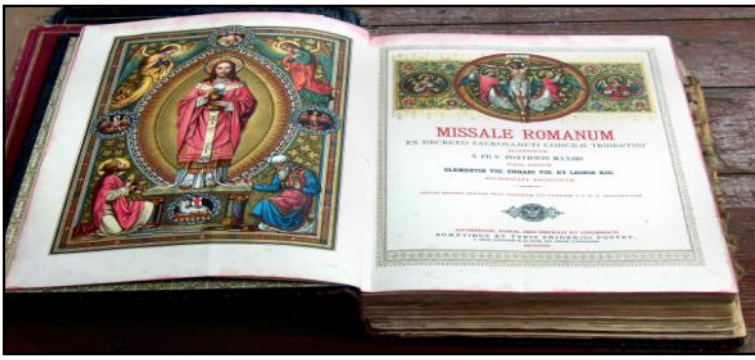


Friday, February 16<sup>th</sup>: 9:45-11:45am  
Friday, February 23<sup>rd</sup>: 9:45am-1:45pm  
Friday, March 2<sup>nd</sup>: 9:45am-6:15pm  
Friday, March 9<sup>th</sup>: 9:45am-1:45pm  
Friday, March 16<sup>th</sup>: 9:45am-1:45pm  
Friday, March 23<sup>rd</sup>: 9:45-11:45am  
*Please make a special effort to spend some  
time before our Lord in the Most Blessed Sac-  
rament during the Lenten season.*

**Sign-up sheets are available  
at the back of the Church!**

hate even that which we began by liking. Do as many lowly, humble  
deeds as lie in your power, even if you perform them unwillingly at  
first; for by this means you will form a habit of humility, and you  
will weaken your vanity, so that when temptation arises, you will be  
less predisposed to yield, and stronger to resist. Or if you are given  
to avarice, think often of the folly of this sin, which makes us the  
slave of what was made only to serve us; remember how when we  
die we must leave all we possess to those who come after us, who  
may squander it, ruin their own souls by misusing it, and so forth.  
Speak against covetousness, commend the abhorrence in which it is  
held by the world; and constrain yourself to abundant almsgiving, as  
also to not always using opportunities of accumulation. If you have  
a tendency to trifle with the affections, often call to mind what a  
dangerous amusement it is for yourself and others; how unworthy a  
thing it is to use the noblest feelings of the heart as a mere pastime;  
and how readily such trifling becomes mere levity. Let your conver-  
sation turn on purity and simplicity of heart, and strive to frame your  
actions accordingly, avoiding all that savours of affectation or flirt-  
ing.

In a word, let your time of peace,--that is to say, the time when you  
are not beset by temptations to sin,--be used in cultivating the graces  
most opposed to your natural difficulties, and if opportunities for  
their exercise do not arise, go out of your way to seek them, and by  
so doing you will strengthen your heart against future temptations.



## *Sexagesima Sunday*

**INTROIT:** Ps. 43: 23-26, 2 Arise, why sleepest Thou, O Lord? arise, and cast us not off to the end. Why turnest Thou Thy face away, and forgettest our trouble? our belly hath cleaved to the earth: arise, O Lord, help us and deliver us. (Ps) We have heard, O God, with our ears: our fathers have declared to us. Glory be. Arise, why sleepest Thou, O Lord? ...

**COLLECT:** O God, Who seest that we put not our trust in any thing that we do: mercifully grant, that by the protection of the Doctor of the Gentiles we may be defended against all adversities. Through Our Lord.

**EPISTLE:** II Cor. 11: 19-33; 12: 1-9

Brethren, You gladly suffer the foolish: whereas yourselves are wise. For you suffer if a man bring you into bondage, if a man devour you, if a man take from you, if a man be lifted up, if a man strike you on the face. I speak according to dishonor, as if we had been weak in this part. Wherein if any man dare (I speak foolishly), I dare also. They are Hebrews: so am I. They are Israelites: so am I. They are the seed of Abraham: so am I. They are the Ministers of Christ (I speak as one less wise): I am more: in many more labors, in prisons more frequently, in stripes above measure, in deaths often. Of the Jews five times did I receive forty stripes save one. Thrice was I beaten with rods, once I was stoned, thrice I suffered shipwreck, a night and a day I was in the depth of the sea: in journeying often, in perils of waters, in perils of robbers, in perils from my own nation, in perils from the Gentiles, in perils in the city, in perils in the wilderness, in perils in the sea, in perils from false brethren: in labor and painfulness, in much watching, in hunger and thirst, in fastings often, in cold and nakedness; besides those things which are without: my daily instance, the solicitude for all the churches. Who is weak, and I am not weak? who is scandalized, and I am not on fire? If I must needs glory, I will glory of the things that concern my infirmity. The God and Father of Our Lord Jesus Christ,

Who is blessed for ever, knoweth that I lie not. At Damascus, the governor of the nation under Aretas the king, guarded the city of the Damascenes, to apprehend me: and through a window in a basket was I let down by the wall, and so escaped his hands. If I must glory (it is not expedient indeed): but I will come to visions and revelations of the Lord. I know a man in Christ above fourteen years ago, whether in the body I know not, or out of the body I know not, God knoweth, such a one caught up to the third heaven. And I know such a man, whether in the body or out of the body, I know not, God knoweth: that he was caught up unto paradise, and heard secret words which it is not granted to man to utter. For such a one I will glory: but for myself I will glory nothing but in my infirmities. For, though I should have a mind to glory, I shall not be foolish: for I will say the truth: but I forbear, lest any man should think of me above that which he seeth in me, or anything he heareth from me. And lest the greatness of the revelations should exalt me, there was given me a sting of my flesh, an angel of Satan, to buffet me. For which thing, thrice I besought the Lord that it might depart from me. And He said to me: My grace is sufficient for thee: for power is made perfect in infirmity. Gladly therefore will I glory in my infirmities, that the power of Christ may dwell in me.

**GRADUAL:** Ps. 82: 19, 14 Let the Gentiles know that God is Thy name: Thou alone are the Most High over all the earth. O my God, make them like a wheel, and as stubble before the wind.

**TRACT:** Ps. 59: 4,6 Thou hast moved the earth, O Lord, and hast troubled it. Heal Thou the breaches thereof, for it has been moved. That they may flee from before the bow: that Thine elect may be delivered.

**GOSPEL:** Lk. 8: 4-15

At that time, when a very great multitude was gathered together and hastened out of the cities unto Jesus, He spoke by a similitude: The sower went out to sow his seed: and as he sowed, some fell by the wayside, and it was trodden down, and the fowls of the air devoured it. And other some fell upon a rock: and as soon as it was sprung up, it withered away, because it had no moisture. And other some fell among thorns, and the thorns, growing up with it, choked it. And other some fell upon good ground: and being sprung up, yielded fruit an hundredfold.

Saying these things, He cried out: He that hath ears to hear, let him hear. And His disciples asked Him what this parable might be. To whom He said: To you it is given to know the mystery of the kingdom of God, but to the rest in parables: that seeing they may not see, and hearing may not understand. Now the parable is this: The seed is the word of God. And they by the wayside are they that hear: then the devil cometh, and taketh the word out of their heart, lest believing they should be saved. Now they upon the rock, are they who, when they hear, receive the word with joy; and these have no roots: for they believe for awhile, and in time of temptation they fall away. And that which fell among thorns are they who have heard, and going their way, are choked with the cares and riches and pleasures of this life, and yield no fruit. But that on the good ground, are they who in a good and perfect heart, hearing the word, keep it, and bring forth fruit in patience.

**OFFERTORY:** *Ps. 16: 5,6,7* Perfect Thou my goings in Thy paths that my footsteps be not moved: incline Thine ear, and hear my words: show forth Thy wonderful mercies, Thou Who savest them that trust in Thee, O Lord.

**SECRET:** May the Sacrifice offered to Thee, O Lord, ever quicken us and protect us. Through Our Lord.

**COMMUNION:** *Ps. 42: 4* I will go in to the altar of God, to God Who giveth joy to my youth.

**POSTCOMMUNION:** We humbly beseech Thee, almighty God, to grant that they whom Thou dost refresh with Thy Sacraments, may worthily serve Thee by lives well pleasing to Thee. Through Our Lord.

## Prayer of St. Cajetan

Look down, O Lord, from Thy sanctuary, from Thy dwelling in heaven on high, and behold this sacred Victim which our great High Priest, Thy holy Son our Lord Jesus Christ, offers up to Thee for the sins of His brethren and be appeased despite the multitude of our transgressions. Behold, the voice of the Blood of Jesus, our Brother, cries to Thee from the cross. Give ear, O Lord. Be appeased, O Lord. Harken and do not delay for Thine own sake, O my God; for Thy Name is invoked upon this city and upon Thy people and deal with us according to Thy mercy. Amen.

## Homily by Pope St. Gregory the Great

Dearly beloved brethren, the passage from the Holy Gospel (*Luke 8:4-15*) which ye have just heard, needeth not so much that I should explain it, as that I should seek to enforce its lesson. The Truth Himself hath explained it, and, after that, it beseemeth not man's frailty to fritter away His exposition by any further comment. But there is, in that very explanation by the Lord, somewhat, which it behoveth us well to weigh. If it were but we who bade you believe that by the seed is signified the word; by the field, the world; by the birds, the devils; and by the thorns, riches ye would perchance doubt of the truth of our explanation. Therefore the Lord Himself hath vouchsafed to give this explanation, and that, not for this parable only, but that ye may know in what manner to interpret others, whereof He hath not given the meaning.

Beginning His explanation, the Lord saith that He speaketh in parables. Hereby He doth certify us, when our weakness would unveil to you the hidden meaning of His words. If I spake of myself, who would believe me when I say that riches are thorns? Thorns prick, but riches lull to rest. And yet riches are indeed thorns, for the anxiety they bring is a ceaseless pricking to the minds of their owners, and, if they lead into sin, they are thorns which bloodily tear the soul. But we understand from another Evangelist (*Matth. xiii. 22*) that in this place the Lord speaketh, not of riches themselves, but of the deceitfulness of riches.

Those riches are deceitful riches, which can be ours only for a little while; those riches are deceitful riches, which cannot relieve the poverty of our souls. They are the only true riches, which make us rich in virtues. If then, dearly beloved brethren, ye seek to be rich, earnestly desire the true riches. If ye would be truly honourable, strive after the kingdom of heaven. If ye love the bravery of titles, hasten to have your names written down at Court above, where Angels are. Take to heart the Lord's words which your ear heareth. The food of the soul is the word of God when the stomach is sick it throweth up again the food which is put into it, and so is the soul sick when a man heareth and digesteth not in his memory the Word of God. And if any man cannot keep his food, that man's life is in desperate case.